

Things To Know For Your Day At The Challenge Course

Facility

All challenge courses are located at the university's Broadstone property. This 35-acre property is located in Valle Crucis at:

1431 Broadstone Road
Banner Elk, NC 28604

Directions

From Appalachian State University's main campus drive south down NC 105 until you reach Broadstone Road (approximately 5.8 miles). Turn right at the light and drive approximately 1.3 miles. Park on the right in the gravel lot just before the footbridge that crosses the road. If the gate is open, you are allowed to drive to the lower parking lot.

Parking

Both the upper and lower gravel lots are for day use only. No overnight use. Stay in the parking lot and avoid parking/driving on grass or shrubbery. Vehicle owners will be held accountable to Appalachian State University Parking and Traffic Regulations. Parking can be tight, so please park accordingly and consider carpooling.

Paperwork

- You will be emailed Outdoor Programs Medical Forms before your program. We ask that you pass this form on to all participants and have them fill this form out completely. These forms can be delivered on the day of your program to the Facilitators.
- On the day of your program upon your arrival to Broadstone, the Facilitators will have all participants sign another release form.
- If you have members in your group that are under 18, please let Outdoor Programs know this well in advance as there is additional paperwork and steps required

Facilitators

Your program facilitators are undergraduate and graduate student staff working in Outdoor Programs. All facilitators have been trained and checked off on their skills. There will be at least one certified Wilderness First Aid facilitator on your program in case of emergency.

What To Bring

- Comfortable, closed-toed shoes
- Long shorts or pants – to reduce rubbing from your harness and program elements
- Water bottle
- Rain gear- if necessary
- Sun gear (sunscreen, hat) – if necessary
- Remember weather can change fast in Boone, so be prepared
- Bring any special medications you may need, such as inhalers or epinephrine.

What Not To Bring

- Jewelry
- Cell phone and electronics – don't want them falling out of your pocket and breaking
- Alcohol and drugs are not allowed at the Broadstone facility
- Please keep pets at home during all challenge course programs.

Leader Considerations

- Cancellation considerations: We will program in the rain! We will NOT program when thunder and lightning are present. If the weather forecast for your program looks questionable, Outdoor Programs will work out a day-off plan for your program. Should Appalachian State University cancel classes or close the university your program will be cancelled or postponed at no charge to you. Should Outdoor Programs cancel/postpone the scheduled program to due inclement weather you will not be charged. Our staff are experienced in making decisions that are in the best interest of the group regarding weather. However, if your group chooses to cancel the program within 48 hours of the schedule event, your group will be charged the full cost of the program.
- Depending on the length of your program you may want to provide your group with lunch and/or snacks. You can provide your own food, have ASU cater your food or bring in any other vendor you prefer. There is a large pavilion on the lower field that you can utilize before, during or after your program.
- Please let us know in advance of any medical condition or disability requirement/accommodations to help us better tailor the program to everyone's needs
- An extra water cooler for refilling water the most efficient way to provide water to your group. There is a sink in the bathroom on the field, but is small and will only allow one person to fill their bottle at a time